

Membership Information

League City Senior Citizen Program

Senior Ceramics Class

Classes are held at:
The Ceramic Center
900 Hwy 3 No

Register online at leaguecity.com/parks
or in person at Hometown Heroes Park
Residents: Free
Non-Residents: \$35

Class Times:
1 to 3 p.m. or 6 to 8 p.m.
September session.....Sept. 11 and 25

Ballroom Dance

Hometown Heroes Park
Wednesday
1 to 3:00 p.m.
No formal instruction. All ages are welcome.
Fee Schedule for Ballroom Participants 54
and younger:
Annual Resident Fee: \$25
Annual Non-Resident Fee: \$37.50
Resident Daily Fee: \$

League City Resident (55+): *FREE*
Non-Resident (55+): *\$25/year*

Under 55 years:

Resident Daily Drop In: \$8
Non-Resident Daily Drop In: *\$12*

Resident membership: \$95
Non-Resident membership: *\$145*

Punch Cards

<u>Resident Rates:</u>	<u>Non-Resident Rates:</u>
5 Class Card - \$35	5 Class Card- \$55
10 Class Card- \$60	10 Class Card- \$90
15 Class Card- \$75	15 Class Card- \$115

Class participation requires membership or a paid daily rate or punch card.

HomeTown Heroes Park
1001 League City Parkway
League City, Texas 77573

Contact Information:
Lydia Rodriguez
lydia.rodriquez@leaguecitytx.gov
(281) 554-1183

September

HELLO



Monday	Tuesday	Thursday
	3. Buffalo Chicken Green peas Broccoli Fudge cream cookie	5. Glazed Ham Lima beans Turnip beans Fresh fruit
9. Chicken Meatballs Confetti rice Squash medley Fresh fruit	10. Turkey Noodle Casserole Green peas Glazed carrots Gingerbread cookie	12. Rosemary Pork Parslied potatoes Green beans Fresh fruit
16. Beef w/Gravy Buttermilk potatoes Brussels Sprouts Corn Fresh fruit	17. Southwest Chicken Pinto beans Cilantro corn Fresh fruit	19. Birthday Lunch
23. Mushroom Chicken Garlic Potatoes Brussels sprouts Fresh fruit	24. Beef Taco Pinto beans Parslied carrots Rocky road pudding	26. Sliced Turkey Breast Swiss cheese 3 Bean salad Cereal bar
30. Meatloaf Tomato gravy Whipped potatoes Fresh fruit		

	Monday	Tuesday/Thursday	Wednesday	Friday
7 am to 3 pm		Pickleball-Gym 1		PB Sept. 7 and 21
7:50 am	Jazzercise	Jazzercise	Jazzercise	
9:00 am	Zumba Gold	Zumba Gold Jazzercise-Gym 2	Zumba Gold	Zumbo Gold
10:00 am	Pilatai-Gym 2	Line Dance	Line Dance Pilatai-Gym 2	Line Dance Pilatai-Gym 2
11:00 am	Yoga-Gym 1	Tap-Gym 2 stage	Yoga Walk w/Ease-Gym 2	Yoga
11:30 am	Lunch	Lunch		
12:00 pm	Walk w/Ease Gym 2	Beginner Tap- Gym 2 <i>Thursday only</i>		Walk w/ Ease Gym-2
12:30 pm		Social Dance <i>Tuesday only</i> Watercolor <i>Tuesday only</i> (Walker St. location)	Watercolor (Walker St. location)	
1:00 pm	Beginner PB- Gym 2		Intro to PB-Gym 2	

All classes held in multipurpose room unless otherwise indicated

Children ages 12 and under are not eligible to participate in adult classes

- For your safety and theirs, children under 12 are not allowed in classes Membership, Daily Fitness Pass or Fitness PunchCard are required to participate in any class and/or activity-annual membership renewal is required.***

League City Community Health Fair

9 am to 1 pm

Hometown Heroes Park

Lunch service dates: Monday, Tuesday and Thursday

Lunch is subsidized by the

Galveston County Parks and Cultural Services

You must reside in Galveston County to participate in lunch program.

Funding for the congregate meal program is provided by the Houston-Galveston Area Council (H-GAC) and the Texas Health & Human Services Commission.