

LIFEGUARD



Spring 2021 Lifeguard Training Course

To achieve certification:

- Attend all class sessions
- Pass written and practical exams
- Demonstrate maturity and responsibility throughout the class

Course Dates/Times

Course 1: March 26th –28th

Course 2: April 9th-11th

Course 3: May 14th-16th

All courses are blended learning courses.

All times will be Fri 5p-9p & Sa/Su 9a-6p

All dates and times within the course are

MANDATORY

Pre-requisites:

- Must be 15 yrs old by the last day of class
- Swim 300 yards continuously
- Tread water 2 minutes without use of hands
- Swim a timed event in 1 min 40 secs: swim 20 yards, retrieve 10lb object from 7'-10', swim back with both hands on brick and face out of the water; exit pool without a ladder

Cost:

Residents \$150

Non-Residents \$225

Hometown Heroes Park 1001 E. League City PKWY League City, TX 77573

For questions contact Cassie Honey p. 281-554-1195 e. cassie.honey@leaguecitytx.gov

