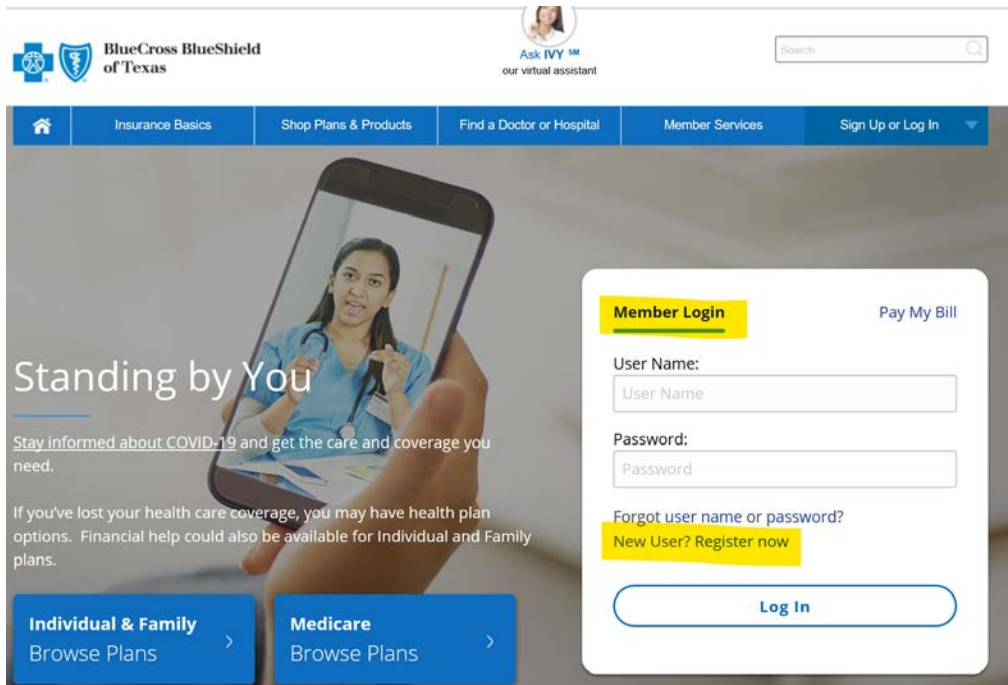
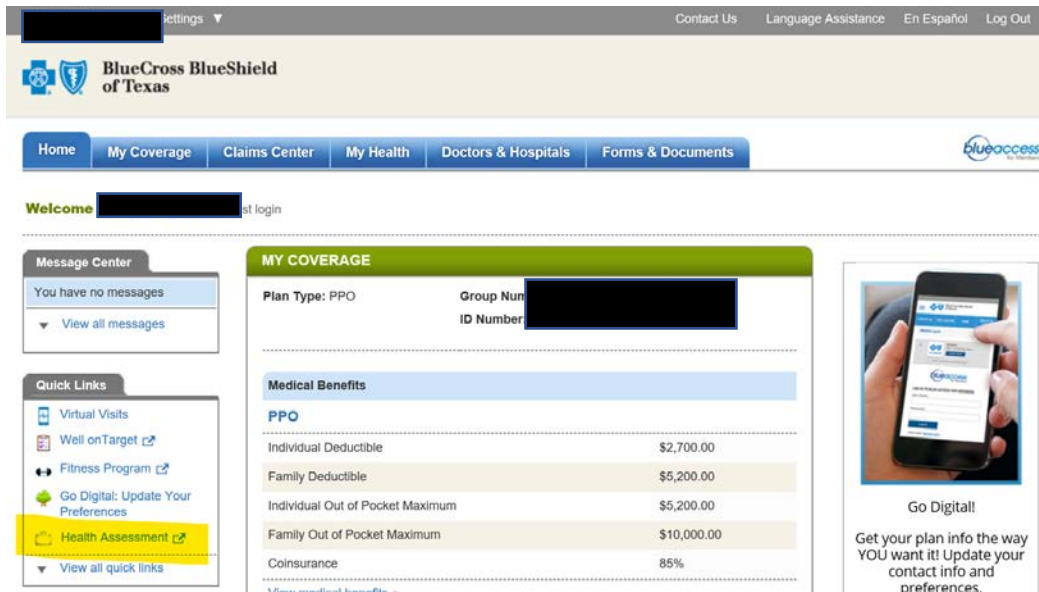


Completing your BCBS Health Assessment

1. Access the BCBS website at www.bcbstx.com
2. Login or register if this is your first time accessing the website.



3. Click on Health Assessment in the menu on the left side of the screen.



4. Once clicked on, you will be directed to a new window and a pop-up screen will show. Read, agree, and then click continue.

5. Review, update, and complete the information. Save and continue.
6. Click on Get Started to begin your assessment. Depending on your responses, the health assessment should take 15-25 minutes to complete.

Well onTarget®

Begin your health assessment

Welcome, [REDACTED]

[Español](#)

Your personal health assessment is the starting point for your wellness journey, and your answers are the key to creating your personalized journey.

Get started now! It's ok if you can't answer all the questions; just answer what you can. You can always add more details later, either here or on your AlwaysOn® Wellness mobile app. Your answers will generate your Personal Wellness Report—a snapshot of your current condition—plus valuable information and specific action steps to help you work toward your goals. Based on your benefit plan, you may be eligible for wellness coaching and receive an outreach call offering you additional wellness support.

[GET STARTED NOW!](#)

[I'll do this later](#)



7. Review the privacy disclosure, acknowledge, and click save and continue.

[OPEN](#) **PRIVACY DISCLOSURE** 0% [×](#)

[Maximize](#)

specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information is (are) health coaches or nurses should you be identified for coaching in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately

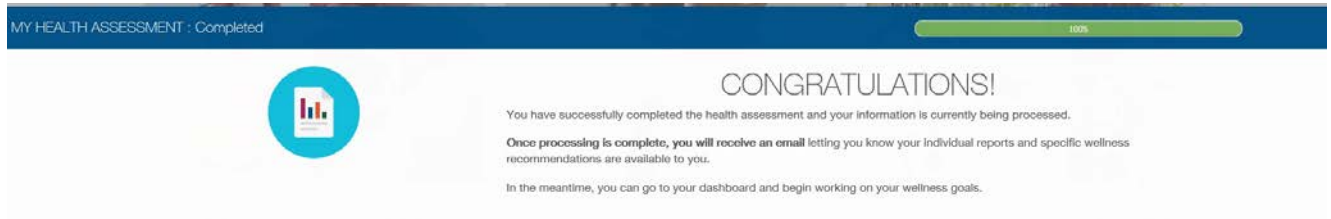
You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate

I acknowledge this disclosure

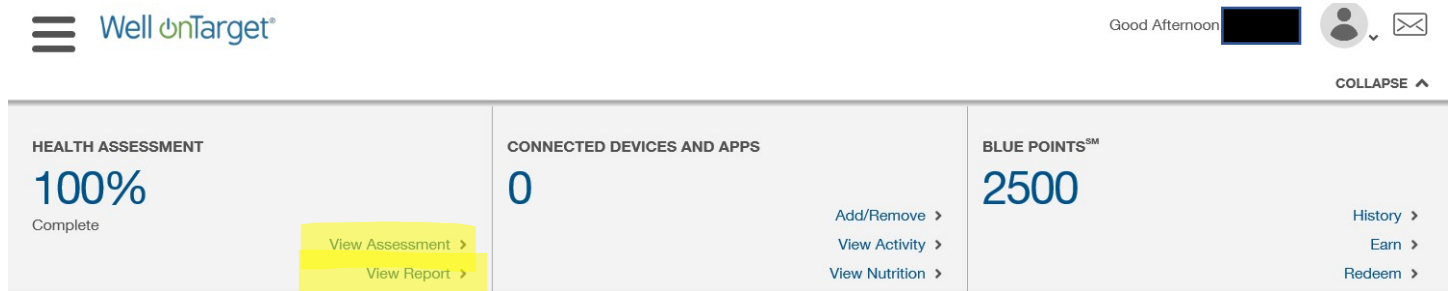
[CANCEL](#) [SAVE & CONTINUE](#)

8. Complete the health assessment to the best of your knowledge.

9. Once completed, you will see the below screen.



10. After completion, take a screenshot of the below section (with your name showing) and email it to lcbenefits@leaguecitytx.gov so we can document that you have completed the health assessment. You can also review your assessment and results in the highlighted area. Please do not send your results to HR.



Feel free to browse around the website to familiarize yourself with what BCBS has to offer and information you can see about your benefits. Also, check out the ways you can earn points to win prizes!

REMEMBER, due date of completion notice to HR is Friday, September 11, 2020